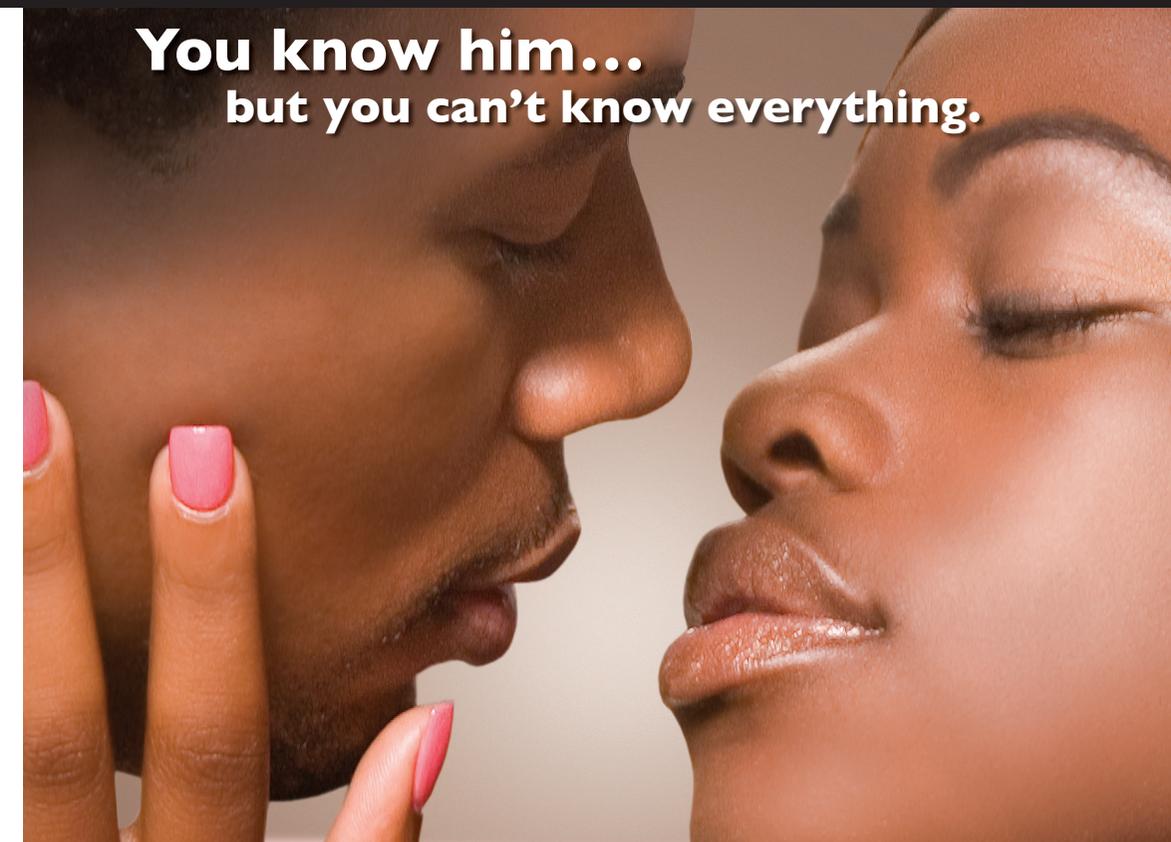


TAKE CHARGE. TAKE THE TEST.

For a Man You Care About

Tear out this section and share it with an important man in your life.



You know him...
but you can't know everything.

What You Need to Know to Take Charge
Take the HIV Test

YOU CAN CARE ABOUT YOUR MAN AND STILL LOOK OUT FOR YOURSELF. **GET AN HIV TEST.**

For black women in the United States right now, there's bad news and there's good news.

The bad news: Black women — more than any other women in the United States — are getting HIV.

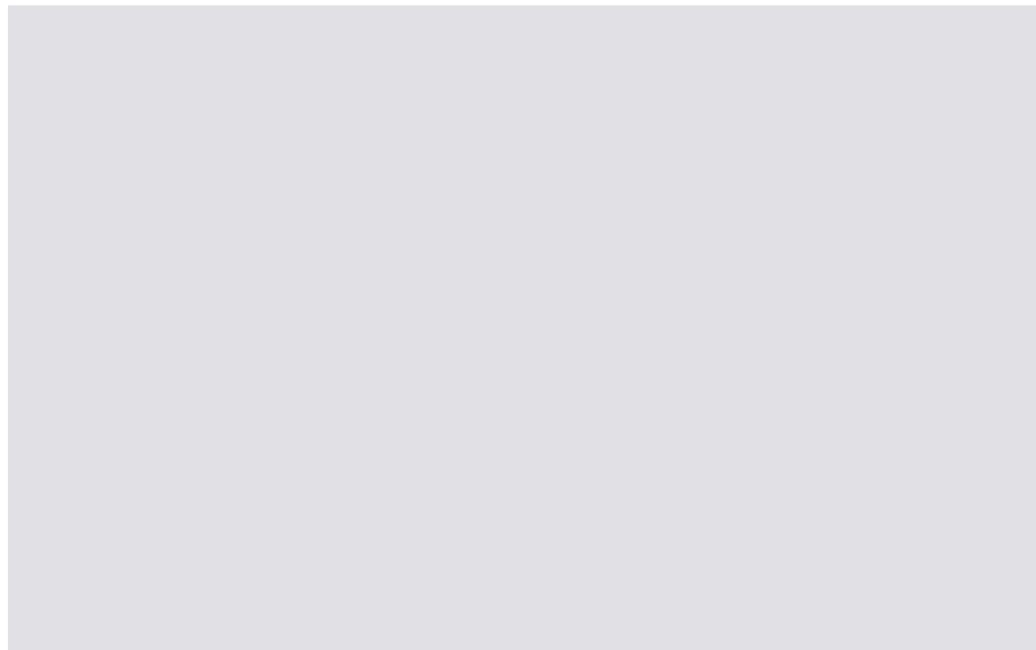
Of all the women living with HIV in the United States, approximately 66% are African American. Most of these women (87%) got HIV by having unprotected sex with a man.

Women in all kinds of relationships get HIV. Women in committed relationships. Faithful women. Women with a good man.

There's also good news: More and more black women are taking a stand. They are standing up and getting tested for HIV. They are looking out for themselves and doing what they need to do to stay healthy.

BE UP TO THE TEST!

HIV/AIDS Resources In Your Area



Talk to your doctor about getting tested for HIV during your next visit. Take this booklet with you if you need help starting the conversation.

10

I learned some important facts about HIV/AIDS and HIV testing that I want to share with you.

▶ **We should pay attention.**

Sadly, HIV is affecting our community more and more these days. Almost half (47%) of the people living with HIV/AIDS in the United States are black.

▶ **Anyone can get HIV.**

It is NOT a gay man's disease. Anyone who has had unprotected sex has a chance of getting HIV — male or female, gay or straight.

▶ **HIV testing can be free and easy.**

Many clinics and testing locations in our community offer free HIV tests. Many of them offer confidential and anonymous tests.

▶ **There is good news.**

No matter the HIV test result, treatment and support programs are available for everyone. And, for people who are HIV-positive, finding out early can help them stay healthy.

I learned this and much more and I'm going to get tested to look out for myself. If you're interested, you, too, can learn more.

You can call **1-800-CDC-INFO (232-4636)** or visit hivtest.org/takecharge to learn more about HIV testing or to find an HIV testing location near you.